

# HOW TO PROPERLY WASH YOUR HANDS



**Palm to palm**



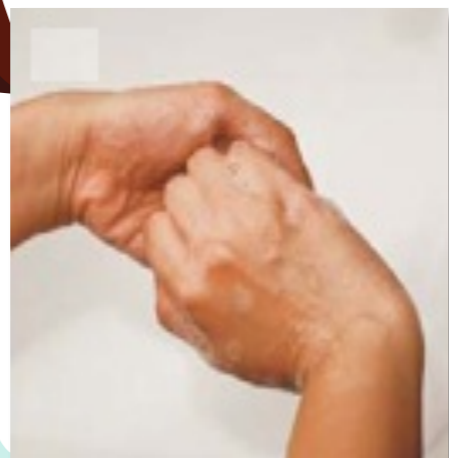
**Between  
Fingers**



**Back of  
hands**



**Base of  
Thumbs**



**Back of  
Fingers**



**Fingernails**



**Wrists**



**Rinse and  
wipe dry**